

Rufus Greenbaum

From: Rufus Greenbaum <rufus@greenbaum.com>
Sent: 27 September 2020 09:20
To: Professor Peter Horby; NERVTAG
Subject: Vitamin D & Coronavirus - BIG news
Attachments: 20200924 Vitamin D BIG news RG Intro.pdf; 20200924 Vitamin D BIG news RG Next Steps.pdf

Dear Professor Horby,

Last week, I hosted a Zoom conference with 4 experts who presented important new information about Vitamin D and Coronavirus

They showed definitively that higher blood levels of Vitamin D (a potent steroid pro-hormone – not just a Nutrient) will help to:

- ✓ ***Reduce your risk of catching any Coronavirus***
- ✓ ***Reduce the severity of the illness***

You can watch the recording on YouTube here: www.is.gd/VitaminD_BIG_news

Copies of my contributions are attached
Note my letter to SACN in 2009

0:00:00 Professor Michael Holick of Boston University describes a major report published on September 17th 2020 that tested 190,000 patients for Vitamin D and Coronavirus

*This shows that the risk for catching any coronavirus is **reduced by nearly half** if your blood level of Vitamin D is at a high normal level and not deficient*

0:22:30 Dr William Grant gives an overview of many other trials around the world

0:38:36 Dr Gareth Davies describes how his team used Artificial Intelligence and Causal Inference to analyse 1.6 million data points from 240 locations to give a definitive answer to 16 critical questions about Vitamin D and Coronavirus

0:50:56 Dr David Grimes shows how Bradford Hill's criteria have been met.

Note carefully – his criticism of politicians and the “experts”

1:09:20 Rufus Greenbaum shows data about Vitamin D Deficiency in the UK and how it changes during the year. He then outlines some Key Facts, Health Outcomes and Next Steps required in the UK to make major reductions in the infection rate of coronavirus

You can watch it here: www.is.gd/VitaminD_BIG_news

(Note the underscores /VitaminD_BIG_news)

(<https://www.youtube.com/watch?v=8UzpvtrQleY>)

Regards

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